# Seniors Need Hook-up Apps Too: Tech Without Age

Carley Angelstad
Camrose Public Library
carley@prl.ab.ca

### Outline

- 1. What is digital literacy?
- 2. Why is digital literacy important for seniors?
- 3. How can digital literacy be promoted in libraries?
- 4. My experience
- 5. Do's and don'ts of seniors and tech
- 6. Bridging generations with digital literacy

## What is digital literacy? Why is it important?

<u>Digital Literacy:</u> The ability to use technology to **navigate**, **evaluate** and **create** information.

Digital literacy skills are central to citizenship, innovation and communication.



## Why is digital literacy important for seniors?

- Increase social connection
- Reduce senior poverty
- Encourage lifelong learning
- Promote identity-building and self-confidence
- Lifelong learning
- Decrease the cultural gap between generations





## Digital literacy in libraries

- One-on-One Tech Help
- Technology Lessons
- Outreach Programs
- Intergenerational Technology Learning
- Passive Programs
- Social Media



## My experience





### Tips for teaching tech to seniors

- You can't break it!
- No tech experts needed- just patience
- Be encouraging and flexible
- Start with the basics- and break it down
- Make sure participants are comfortable
- Be prepared! Choose topics your participants are interested in
- Move beyond navigation
- Repeating encourages practice
- Digital literacy skills won't be learned immediately

## How to bridge generations!

- Tech Tutoring Outreach
- Intergenerational Tech Help
- Tech can be FUN!



# Questions?



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