

**Bunny Slippers at the Academic** Library: More Community, More Learning?

Presented at the 2017 **Alberta Library Conference** in Jasper, AB

AGAINST PROCRASTINATION

Write through th

THOMPSON RIVERS UNIVERSITY

Join writers and academic support services November 5 | 8 p.m. – 8 a.m. at the Main Library PRESENTED BY THE WRITING CENTRE AND TRULIBRARY



### Who Are We?

- Elizabeth Rennie, Instruction & Research Services Librarian
- Julia Wells, User Engagement and Student Success Librarian
- Jenna Goddard, Writing Centre Coordinator and Lecturer (Student Success)



### Who Are You?

...and what motivates you to write?





### What is Long Night Against Procrastination?

- Overnight event held at the Library
- Peer support available
- Writing, research, and wellness support
- Workshops, food, and coffee







### Overview

- 1. History, Rationale, & Goals
- 2. Logistics
- 3. Assessment, Evidence, & Reporting
- 4. Moving Forward & Discussion



### 1. History, Rationale, & Goals

### **History of LNAP**

- Began in Germany in 2010
- Now an international event
- First ever Canada-wide event was November 2014
- Original impetus was to avoid procrastination, build a community of writers, and find the joy in writing

### Institutional Rationale

- In-line with TRU's Strategic Priorities 2014-2019
  - Student Success
  - Intercultural understanding
  - Research capacity
- Enhance first year students' experiences
  - Opportunity to learn with peers in a supportive environment
  - Engage and learn from TRU's support services

### Goals: Campus Partners

#### **Student Services**

 Create connections with academic supports

#### Library

Reduce library anxiety and procrastination

#### **Writing Centre**

 Create a community of writers and improve upon the experience of writing papers

#### **Faculty**

 Inspire social learning and encourage time management



### **Event Goals**

- Avoid procrastination
- Build campus community
- Encourage engagement with academic supports

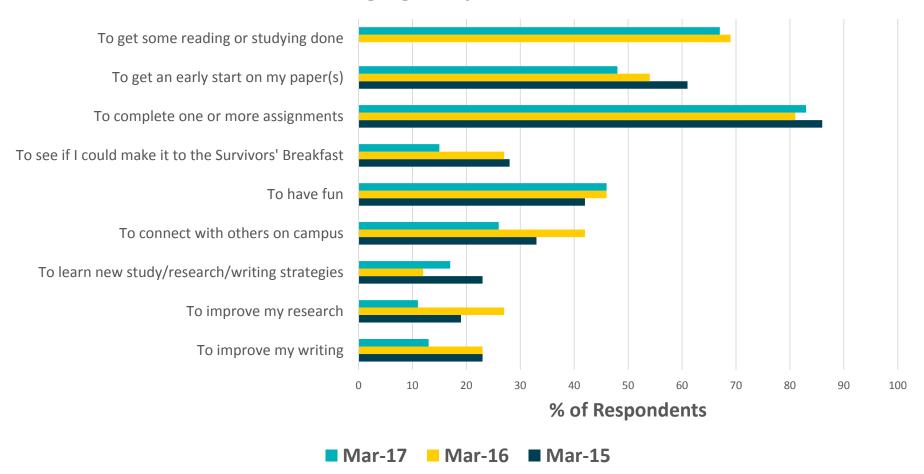




### Students' Goals:

#### Completing assignments (and having fun!)

#### **Long Night Respondent Goals**





### 2. Logistics

### **Event logistics**

- 200 300 students at each of 5 events
- We have names & email addresses for those who register and for those who attend
- 40-100 students make it to the 6am Survivors' Breakfast
- Follow-up survey sent to all attendees the week after:
  - Fluid Surveys
  - Approximately a 25% response rate
  - Are we getting feedback from those who were more engaged?





### **Promotion**

- Posters/banner
- Social media
- Word of mouth (class visits, house 5)
- Email (Writing Centre tutees, faculty)
- "walking billboard"

## Staffing (let's get creative!)

- Library Staff
  - All hands on deck (set-up, reference, circulation, making coffee, making popcorn, cleaning, etc.)
- Writing Centre tutors
  - Set-up, tutoring
- Volunteers
- Janitorial/Security
  - Games table, social media, clean-up

### Food and Supplies

- Snacks (veggie platters, granola bars, cookies, popcorn
- Pizza
- Survivors' breakfast (breakfast sandwiches, fruit platters, oranges)
- Plates, cups, napkins, stir sticks, spoons, gloves
- Budget



### **Logistical Challenges**

- Space/space limitations (age of building, lights, heat, breakers...)
- Planning (noise, space, tables/chairs)
- Snacks
- Registration process (100/200/300; walk-ins, technology malfunctions)
- Evolving library staffing

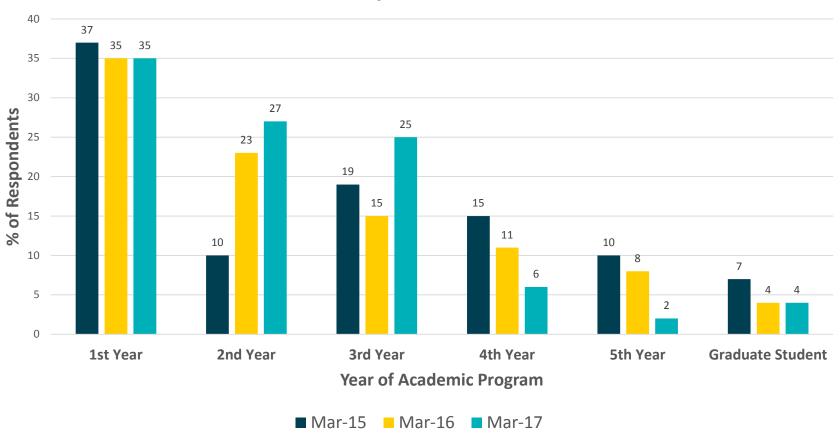


## 3. Assessment, Evidence, & Reporting



## Did we connect with first year students?

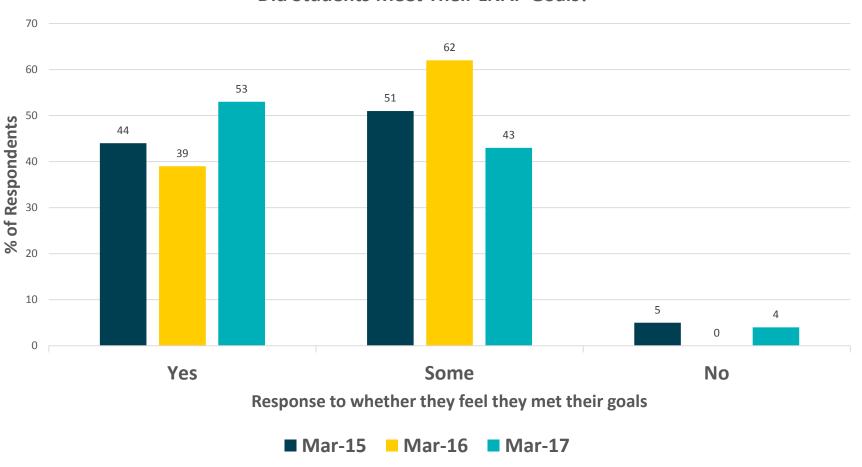
#### **Year of Study of LNAP Attendees**





## Did students feel they met their own goals?

**Did Students Meet Their LNAP Goals?** 

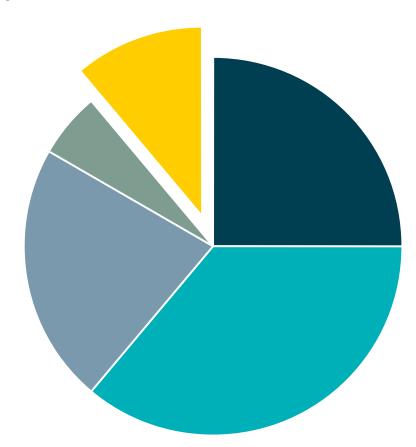




## Are we encouraging procrastination?

#### If you worked on a paper at LNAP, when was it due?

- 2 weeks + after LNAP
- 1 week after LNAP
- 4-6 days after LNAP
- 2-3 days after LNAP
- The day after LNAP





## Did we create a community of writers?

"This event did an important job of bringing people together. I could see how people were pleasantly surprised to see their long lost friends; they greeted each other with smiles, cheered their peers throughout the night, and most importantly, got a lot of work done."







"It was my first year going and 100% worth it."

"I had fun with friends and still managed to get over 1000 words of a research essay done. Great setting"

"I went to have a supportive environment to start, finish, and get ahead on my assignments and papers for the semester and I finished almost everything!"

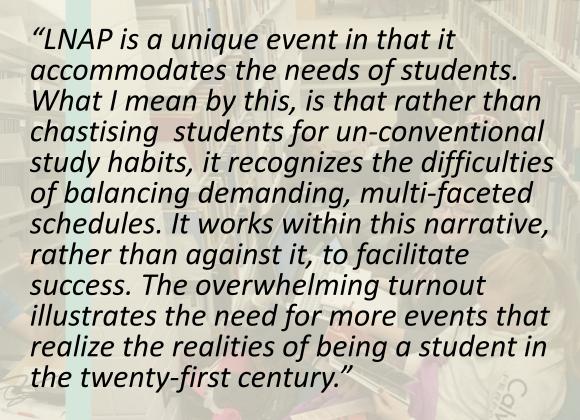
"The fun and unique aspect of the event is that it goes all night...I and many of my friends wouldn't even bother going if it ended at 2 am; may as well stay home."

"I started writing my opinion paper 2 weeks before due and got an A!"



## 4. Changes, Moving Forward & Discussion





Casey Helgason, Writing Centre Tutor and LNAP attendee

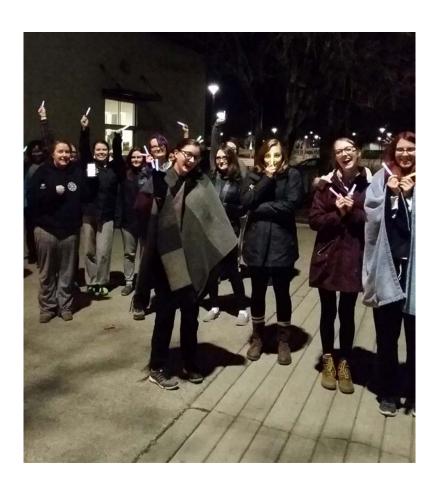
### BUT you can't please everyone...

- "It should be monthly, and definitely again during exams"
- "Have one more [the] week before final exams"
- "I was going to finish like 3 assignments and I just complete 1."
- "I got distracted"
- "I procrastinated." Ironic, I know.
- "Vegan options"
- "Make the 'quiet' area actually quiet"
- "MORE COFFEE"



### Changes

- Structure/content of workshops
- Science writing workshop
- Messaging of event
- Safe Walk
- Games table



## Moving Forward and Discussion

- Workshops
  - Writing from different disciplines
  - Support for graduate students
  - Study skills
  - Holistic wellness: emotional, financial, etc.
- Pre-recorded workshops
- Thoughts? Suggestions?Questions?





### Selected Bibliography

- Cerino, E. S. (2014). Relationships between Academic Motivation, Self-Efficacy, and Academic Procrastination. *Psi Chi Journal of Psychological Research*, 19(4), 156-163.
- Rabin, L. A., Fogel, J., & Nutter-Upham, K. E. (2011). Academic procrastination in college students: The role of self-reported executive function. *Journal of Clinical & Experimental Neuropsychology*, 33(3), 344-357.
- Sewell, B. B. (2013). 24-Hour Access: Responding to Students' Need for Late Library Hours at the University of Denver. *Journal of Access Services*, 10(1), 14-27. doi:10.1080/15367967.2013.738390
- Wagman, S. (2016). Reimagining the all-nighter. *University Affairs*. Retrieved February 19, 2016, from http://www.universityaffairs.ca/news/news-article/reimagining-the-all-nighter/
- Washle, K., Allgaier, A., Lachner, A., Fink, S., & Nuckles, M. (2014). Procrastination and self-efficacy: Tracing vicious and virtuous circles in self-regulated learning. *Learning and Instruction*, 20, 103-114



# Bunny Slippers at the Academic Library: More Community, More Learning?

Thank-you! For further information, please refer to: <a href="http://libguides.tru.ca/lnap">http://libguides.tru.ca/lnap</a>

Presented at the 2017 Alberta Library Conference in Jasper, AB

