



CHILDREN'S DIVERSABILITY RESOURCE LIST

Books and materials for
children with additional needs

TABLE OF CONTENTS

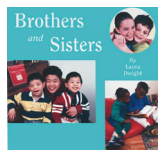
6	General
7	Anxiety / Worry
10	Attention Deficit Hyperactivity Disorder (ADHD & ADD)
13	Autism Spectrum Disorder (ASD)
19	Cerebral Palsy / Muscular Dystrophy
21	Depression / Sadness
23	Down Syndrome
26	Dyslexia
29	Hard of Hearing or Deaf
32	Mobility Challenges
35	Obsessive Compulsive Disorder (OCD)
38	Sensory Processing Disorder
41	Vision (Blind or Partially Sighted)

Special thanks to Mrs. Linda Youmans
Youth Collections/ System Librarian
for putting this list together.

You can reserve and request all materials mentioned in this publication through the
Okanagan Regional Library website.
orl.bc.ca

GENERAL

Find it at the Library

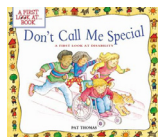


BROTHERS AND SISTERS

by Laura Dwight

Each family in this book has one sibling with a disability, such as hearing or visual impairment or Down syndrome, with all family members shown playing together in everyday family life.

J Easy 362.4 DWI

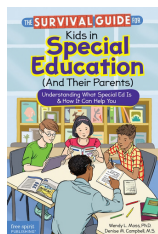


DON'T CALL ME SPECIAL: A FIRST LOOK AT DISABILITY

by Pat Thomas

In this delightful picture book, younger children will find out what a disability is, and learn how people deal with their disabilities to live happy and full lives.

J Easy 362.4 THO



THE SURVIVAL GUIDE FOR KIDS IN SPECIAL EDUCATION (AND THEIR PARENTS): UNDERSTANDING WHAT SPECIAL ED IS & HOW IT CAN HELP YOU

by Wendy Moss

This book, for children in special education, gives tools and strategies to deal with their concerns about special education, how to cope with challenges, and see the benefits of the Special Education team and the assistance they give.

J 371.9 MOS

ANXIETY / WORRY

Find it at the Library

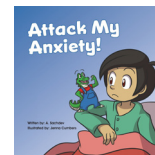


ALL BIRDS HAVE ANXIETY

by Kathy Hoopmann

This simple, yet captivating book validates common experiences of anxiety and offers a refreshing explanation of its many symptoms.

J Easy 152.46 HOO



ATTACK MY ANXIETY!

by Amornrat Sachdev

Through beautiful illustrations, a charming storyline and a straightforward approach, this book engages children and empowers them to use techniques to identify and tackle feelings of anxiety.

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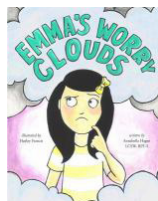


CALM, CLEVER & CAREFREE!: A KID'S GUIDE TO UNDERSTANDING ANXIETY

by Tracy Bryan

Everybody has anxiety. This book teaches children to learn how to be clear-minded and relaxed so that they can manage their worries, stress, and feel better.

J Easy 155.4124 BRY

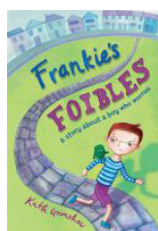


EMMA'S WORRY CLOUDS

by Annabella Hagen

Emma has many worries and with the help of her imaginary animal friends, she learns to be brave.

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FRANKIE'S FOIBLES: A STORY ABOUT A BOY WHO WORRIES

by Kath Grimshaw

Frankie learns about his foibles, the annoying little bully creatures that whisper worries in his ear. However, with a big grin on his face and a little help from his brand new friend, Frankie, he learns to ignore his foibles and escape his worries for good! Great for children with OCD.

J Easy Fiction GRI
STEP 3



THE KIDS' GUIDE TO STAYING AWESOME AND IN CONTROL: SIMPLE STUFF TO HELP CHILDREN REGULATE THEIR EMOTIONS AND SENSES

by Lauren Brukner

From breathing exercises, pressure holds and finger pulls, to fidgets, noise-reducing headphones and gum, the book is brimming with fun stuff to help kids feel cool, calm and collected.

J 155.4182 BRU

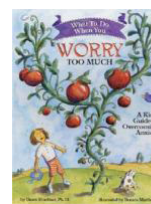


THE HUGE BAG OF WORRIES

by Virginia Ironside

Wherever Jenny goes, her worries follow her - in a big blue bag, until she gets help from a family member to get rid of them.

J Advanced Picture
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WHAT TO DO WHEN YOU WORRY TOO MUCH: A KID'S GUIDE TO OVERCOMING ANXIETY

by Dawn Huebner

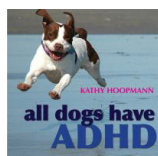
Teaching school-aged children cognitive behavioural techniques to reduce and overcome anxiety, fears and worry, with self-help exercises and strategies, this book is packed full of good information.

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ADD & ADHD

ATTENTION
DEFICIT
DISORDER

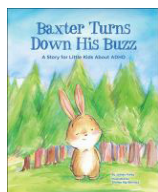
ATTENTION
DEFICIT
HYPERACTIVITY
DISORDER



ALL DOGS HAVE ADHD

by Kathy Hoopmann

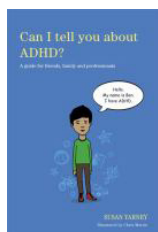
Absorbing and insightful, this lovely book combines humour with understanding to reflect the joys and challenges of a child who has ADHD.



BAXTER TURNS DOWN HIS BUZZ: A STORY FOR LITTLE KIDS ABOUT ADHD

by James M. Foley

When a high-energy rabbit must learn to control his activity level and impulsiveness, his Uncle Barnaby guides him through the steps necessary to “turn down his buzz”, including mindfulness, relaxation and visualization exercises.



CAN I TELL YOU ABOUT ADHD?: A GUIDE FOR FRIENDS, FAMILY AND PROFESSIONALS

by Susan Yarney

Ben, a young boy with ADHD, invites readers to learn about ADHD from his perspective, helping children understand what it means, how it feels, and shows ways to relieve their ADHD symptoms.

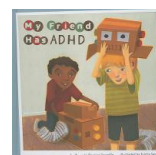
ADD & ADHD



MARVIN'S MONSTER DIARY: ADHD ATTACKS! (BUT I ROCK IT, BIG TIME)

by Raun Melmed

Meet Marvin, a lovable monster with a twelve-stringed baby fang guitar, a rambunctious case of ADHD, and a diary to record it all. Marvin's life is feeling out of control - until a secret formula changes everything.



MY FRIEND HAS ADHD

by Amanda Doering Tourville

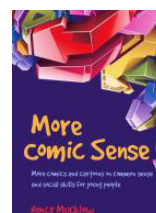
Children will learn some of the challenges and rewards of having a friend with ADHD, using everyday child-friendly examples.



MRS. GORSKI, I THINK I HAVE THE WIGGLE FIDGETS

by Barbara Esham

David has the “wiggle fidgets” and worries about getting on his teachers and classmates' nerves because of it, until he comes up with a solution to help him pay better attention in class.



MORE COMIC SENSE

by Nancy Mucklow

Visual thinkers, through comic illustrations, learn how to have successful relationships with those around them by learning techniques for determining motives and making good decisions.

Find it at the Library

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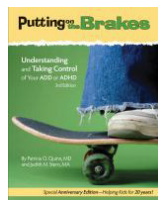
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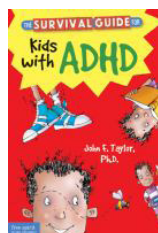
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ADD & ADHD



PUTTING ON THE BRAKES: UNDERSTANDING AND TAKING CONTROL OF YOUR ADD OR ADHD *by Patricia O. Quinn*

All you need to know about Attention Deficit Disorder such as treatments, relaxation techniques, as well as managing ADHD and its symptoms, is included in this useful book.

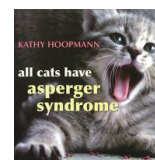


THE SURVIVAL GUIDE FOR KIDS WITH ADHD *by John F. Taylor*

In child-friendly language and a format that welcomes reluctant and easily distracted readers, this book helps children know they are not alone and offers practical strategies for taking care of oneself, modifying behavior, and enjoying life!

ASD

AUTISM SPECTRUM DISORDER



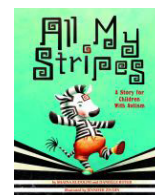
ALL CATS HAVE ASPERGER SYNDROME *by Kathy Hoopmann*

This touching and humorous book shows the potential of people with Asperger Syndrome. Winner of the Children's Book Council of Australia – Short-Listed Book.



ANYTHING BUT TYPICAL *by Nora Raleigh Baskin*

Jason, a twelve-year-old autistic boy who wants to become a writer, relates what his life is like as he tries to make sense of the world. Winner of the Schneider Family Book Award.



ALL MY STRIPES: A STORY FOR CHILDREN WITH AUTISM *by Shaina Rudolph*

Zane rushes home to tell his mother about problems he faced during his school day, and she reminds him that, while others may only see his “autism stripe,” he has stripes for honesty, caring and much more.

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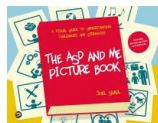
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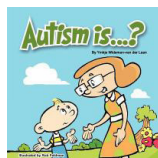


THE ASD AND ME PICTURE BOOK : A VISUAL GUIDE TO UNDERSTANDING CHALLENGES AND STRENGTHS FOR CHILDREN ON THE AUTISM SPECTRUM

by Joel Shaul

This colorful book provides simple self-exploration tools to help children identify their strengths and begin to tackle the things they find harder.

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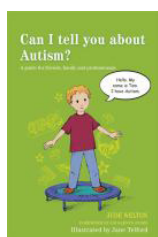


AUTISM IS...?

By Ymkje Widerman-van der Laan

Logan overhears his grandmother tell her friend that he has autism, which prompts him to ask what it is-- and his grandmother explains it to him very well.

J Easy 618.9285 WID



CAN I TELL YOU ABOUT AUTISM?: A GUIDE FOR FRIENDS, FAMILY AND PROFESSIONALS

by Jude Welton

A young boy named Tom talks about his autism, helping readers to understand what autism is, the challenges he faces, and how people around him can support him.

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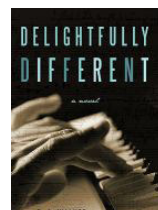


COMIC SENSE

by Nancy Mucklow

The author uses comics to reveal the hidden patterns behind social reasoning and helps the Asperger's or ADHD reader learn how to prioritize social cues, resulting in a perfect social skills tool for anyone who thinks in pictures.

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DELIGHTFULLY DIFFERENT

by D.S. Walker

Through sharing a poignant glimpse into the life and mind of a girl with Asperger's Syndrome, this book demonstrates, through her compelling experiences, that every life has a purpose and that being unique is what makes each of us special. Winner of the Young Voice Foundation Award.

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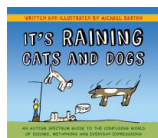


DIFFERENT LIKE ME: MY BOOK OF AUTISM HEROES

by Jennifer Elder

Eight-year-old Quinn, a young boy with Asperger's Syndrome, tells young readers about the achievements and characteristics of his autism heroes, from Albert Einstein, Dian Fossey, Lewis Carroll, to Benjamin Banneker and Templin Grandin.

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IT'S RAINING CATS AND DOGS: AN AUTISM SPECTRUM GUIDE TO THE CONFUSING WORLD OF IDIOMS, METAPHORS, AND EVERYDAY EXPRESSIONS

by Michael Barton

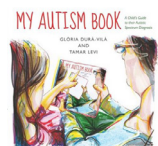
With a witty and stylish insight into the mind of someone with ASD, this book, with quirky drawings, will entertain and inspire those on the spectrum, giving them the confidence to recognize figures of speech, feel less alienated and even use idioms themselves.



MOCKINGBIRD

by Kathryn Erskine

Ten-year-old Caitlin, who has Asperger's Syndrome, struggles to understand emotions, show empathy, and make friends at school, while at home she seeks closure by working on a project with her father. National Book Award Winner



MY AUTISM BOOK: A CHILD'S GUIDE TO THEIR AUTISM SPECTRUM DIAGNOSIS

by Gloria Dura-Vila

My Autism Book is a beautifully illustrated picture book that helps parents to explain an autism diagnosis to their child in a sensitive, positive and accurate way.

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RAIN REIGN

by Ann M. Martin

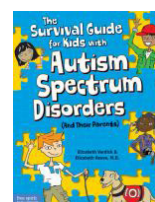
Struggling with Asperger's, Rose shares a bond with her beloved dog, but when the dog goes missing during a storm, Rose has to confront the limits of her comfort levels, even if it means leaving her routines in order to search for her pet.



RULES

by Cynthia Lord

Frustrated at life with an autistic brother, twelve-year-old Catherine longs for a normal existence, but her friendship with a young paraplegic further complicates her life. Newbery Medal and Honor Book; Schneider Family Book Award and the Dorothy Canfield Fisher Children's Book Award.



THE SURVIVAL GUIDE FOR KIDS WITH AUTISM SPECTRUM DISORDERS (AND THEIR PARENTS)

by Elizabeth Verdick

This positive, straightforward book offers kids with Autism Spectrum Disorders (ASDs) assistance with understanding their condition and finding tools to cope with the challenges they face every day.

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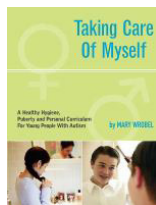
CEREBRAL PALSY MUSCULAR DYSTROPHY

Find it at the Library

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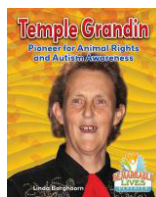
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TAKING CARE OF MYSELF: A HYGIENE, PUBERTY AND PERSONAL CURRICULUM FOR YOUNG PEOPLE WITH AUTISM

by Mary J. Wrobel

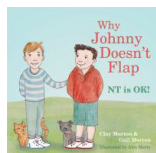
Through simple stories, the author addresses hygiene, modestly, body development, touching, etc. Winner of the i-Parenting Media Award



TEMPLE GRANDIN: PIONEER FOR ANIMAL RIGHTS AND AUTISM AWARENESS

by Linda Barghoorn

The amazing life of American Temple Grandin, renowned scientist, champion for animal rights, and advocate for people with autism, is found in this easy-to-read biography.



WHY JOHNNY DOESN'T FLAP: NT IS OK!

by Clay Morton

Johnny is neurotypical because he is never exactly on time, can't seem to stick to a routine and often speaks in cryptic idioms. Johnny is different, but that is OK!

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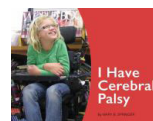
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ERICA'S TRIPOD: A BOOK ABOUT A GIRL WITH MUSCULAR DYSTROPHY

by Cynthia Fabian

Erica has MD and sometimes struggles with day-to-day problems, but she is learning how to manage her growing pains with the help of her new dog, Tripod.



I HAVE CEREBRAL PALSY

by Mary Beth Springer

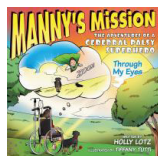
Sydney, a young girl, shares her first hand account of life with cerebral palsy so that others can understand what her life is like.



THIS KID CAN FLY: IT'S ABOUT ABILITY (NOT DISABILITY)

by Aaron Philip

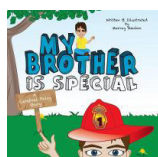
In this heartbreaking and uplifting memoir, Aaron Philip, a fourteen-year-old boy with cerebral palsy, shows how he is not defined so much by his disability as he is by his abilities.



MANNY'S MISSION, THE ADVENTURES OF A CEREBRAL PALSY SUPERHERO: THROUGH MY EYES

by Holly Lotz

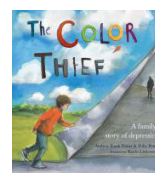
Manny, a 4 year-old boy with Cerebral Palsy, who cannot speak or walk sees daily activities very differently than we do. Through creating a positive version of his own life, he has his own Super Power.



MY BROTHER IS SPECIAL: A CEREBRAL PALSY STORY

by Murray Stenton

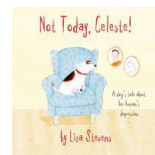
This book, a light-hearted take of one little boy's thoughts of his big brother Ethan, who was born with Cerebral Palsy, shines some light on the difficulties experienced by siblings.



THE COLOR THIEF: A FAMILY'S STORY OF DEPRESSION

by Andrew Peters

Beautifully illustrated, this picture book recounts a child's experience of losing his father to a world without colour (depression) and his father's therapist helping him to come back into the world of colour and be himself again.



NOT TODAY, CELESTE! A DOG'S TALE ABOUT HER HUMAN'S DEPRESSION

by Liza Stevens

Celeste thinks she is the happiest dog in the world until she notices something different about her human, Rupert, and then she wonders if things will ever be the same again.

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Find it at the Library

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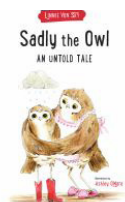
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THE PRINCESS AND THE FOG: A STORY FOR CHILDREN WITH DEPRESSION

by Lloyd Jones

Explaining what depression is and how it affects people, this picture book, for ages 5-7, tells the story about a princess who has a fog around her that she just can't get rid of on her own.



SADLY THE OWL: AN UNTOLD TALE

by Linnie Von Sky

Sadly, a line-dancing Owl, who loves to jump out of bed to shine his boots, wakes up one day with a big dark cloud above his head.



SADNESS

by Tamra Orr

This easy-to-read book explores the feelings of sadness.

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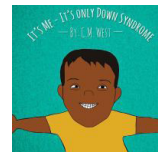
DOWN SYNDROME



DOWN SYNDROME

by Michelle Levine

In easy-to-understand language, this book describes what it is like to live with Down Syndrome, what its symptoms are and how to help children succeed with it.



IT'S ME - IT'S ONLY DOWN SYNDROME (MALE VERSION OR FEMALE VERSION)

by C.M. West

Down Syndrome kids are just like other kids - they play, laugh and they hurt. This book celebrates the challenges of kids with Down Syndrome and shows kids that being different is not necessarily a bad thing.



MY SISTER IS SPECIAL, MY SISTER HAS DOWN SYNDROME: A STORY ABOUT ACCEPTANCE

by Marta M. Schmidt-Mendez

Written by a Child Development Specialist, this book will assist families in helping their other children accept a new sibling with Down Syndrome

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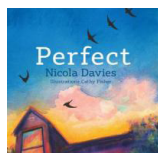
DOWN SYNDROME



THE NEW KID AT SCHOOL: “A STORY ABOUT DOWN SYNDROME”

by *Chris Atencio*

What happens when the new kid at school happens to have Down Syndrome? Erianna and JZ, learn not only how to help and be sensitive to the new student, but also learn something new from the child with Downs.



PERFECT

by *Nicola Davies*

Use this book as an ideal way to open up the subject of disability with children, because it is a story of anticipation, disappointment, acceptance and ultimately love.



THE PRINCE WHO WAS JUST HIMSELF

by *Silke Schnee*

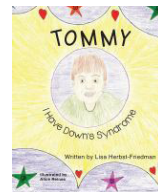
Lacking the athletic and reading skills of his older brothers, Prince Noah uses love and compassion to save the kingdom from the Black Knight.

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DOWN SYNDROME



TOMMY: I HAVE DOWN'S SYNDROME

by *Lisa Herbst-Friedman*

Tommy, the little boy in the story with Down's Syndrome, tells about his daily routine, and shows how he adapts well, leading a great life with his family.



WE'LL PAINT THE OCTOPUS RED

by *S.A. Bodeen*

When their new baby is born, six-year old Emma's Dad tells her that it is a boy named Isaac, and that he has something called Down syndrome. She senses her father's concerns and wonders if Isaac will be able to go on all the adventures that she has planned for them.

J Picture HER

J Picture BOD

DYSLEXIA



BACK TO FRONT AND UPSIDE DOWN by Claire Alexander

While the rest of the class makes birthday cards for the principal, Stanley struggles with his words and letters, but luckily Stanley finds help from his friends to help him.



BEST KEPT SECRET: THE THIRD GENERATION by Ann M. Martin

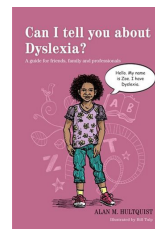
In 1977 in Princeton, Dana's seven-year-old daughter Francie is struggling to keep her dyslexia a secret from her teachers and family and even the thought of high school and college is part of the remote and unattainable future.



BIG GAME JITTERS by L.M. Nicodemo

Maximus Todd, the child who cannot sit still, plays in the soccer championship against the school bully's team. (Series: The Secret Games of Maximus Todd- written dyslexic-friendly)

DYSLEXIA



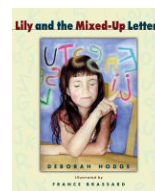
CAN I TELL YOU ABOUT DYSLEXIA? A GUIDE FOR FRIENDS, FAMILY, AND PROFESSIONALS by Alan M. Hultquist

Zoe, a young girl with dyslexia, helps readers to understand the challenges faced by a child with dyslexia, explaining what it is, and how it affects her at home and at school.



FISH IN A TREE by Lynda Mullaly Hunt

Ally's greatest fear is that everyone will find out she still does not know how to read, but when her new teacher comes to the rescue, her life changes forever.



LILY AND THE MIXED-UP LETTERS by Deborah Hodge

After Lily gets discouraged in Grade 2 because she has trouble reading, she goes to her teacher, who discovers that she has dyslexia and reassures her that she can help.

Find it at the Library

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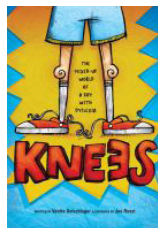
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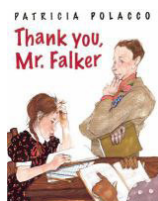
DYSLEXIA



KNEES: THE MIXED-UP WORLD OF A BOY WITH DYSLEXIA

by Vanita Oelschlager

When Louis has some trouble understanding everything at school, his teacher explains that others have had the same problem and his father encourages him to discover his own special talent.



THANK YOU, MR. FALKER

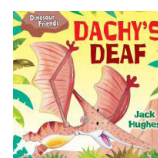
by Patricia Polacco

At first, Trisha loves school, but her difficulty learning to read makes her feel terrible, until, in the fifth grade, a new teacher helps her understand and overcome her problem.

J Chapter Fiction OEL

J Picture POL

HARD OF HEARING OR DEAF



DACHY'S DEAF

by Jack Hughes

Dachy, who wears a hearing aid, sometimes turn it off to get some peace and quiet. One day, when his hearing aid is off, Dachy falls asleep and ends up floating down the river towards a waterfall and a hungry crocodile, but his friends reach him in time!



THE DEAF MUSICIANS

by Pete Seeger

Lee, a jazz pianist, has to leave his band when he begins losing his hearing, but he meets a deaf saxophone player in a sign language class and together they form a snazzy new band.



EL DEAFO

by Cece Bell

In this funny, poignant graphic novel memoir, author/illustrator Cece Bell chronicles her hearing loss at a young age and her subsequent experiences with the Phonic Ear, a very powerful--and very awkward--hearing aid. 2015 Newbery Honor Book.

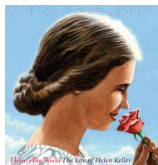
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HARD OF HEARING OR DEAF

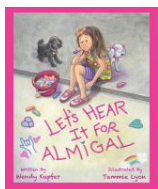


HELEN'S BIG WORLD: THE LIFE OF HELEN KELLER

by Doreen Rappaport

This picture book biography is an excellent introduction for young readers to learn about one of the world's most famous people, Helen Keller.

J BIGG KELLER RAP

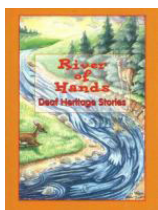


LET'S HEAR IT FOR ALMIGAL

by Wendy Kupfer

Almigal, a spunky little girl with hearing loss, is now determined to hear every single sound in the universe thanks to her new cotton candy pink cochlear implants. Mom's Choice Gold Award Winner for Values and Life Lesson.

J Advanced Picture KUP



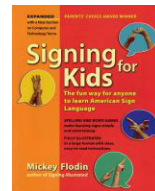
A RIVER OF HANDS: DEAF HERITAGE STORIES

by Symara Bonner

Written by young Canadian Deaf authors and illustrators, this anthology introduces children to Deaf characters in a fun way. Within each story are how-to handsigns, lifestyle information, and interesting history on devices for the Deaf.

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HARD OF HEARING OR DEAF

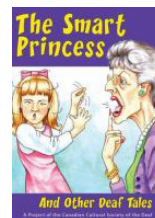


SIGNING FOR KIDS

by Mickey Flodin

An introduction to the expressive language of the deaf, this book is organized by subject areas such as pets, people, numbers, sports, travel, science, thoughts and feelings, and places.

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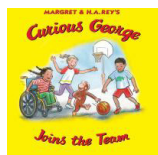


THE SMART PRINCESS AND OTHER DEAF TALES

The Smart Princess takes readers inside the fantasies, dreams and disappointments of young people who are Deaf. Written and illustrated, by winners of a national competition. Ladder Awards.

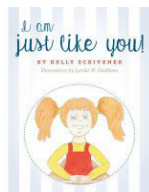
J Easy Paperback SMA
Step 3

MOBILITY CHALLENGES



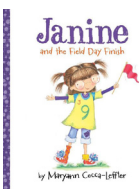
CURIOUS GEORGE JOINS THE TEAM by Cynthia Platt

Curious George has a playdate at a park designed for children of all abilities, perfect for his new friend, Tina, who uses a wheelchair, celebrating how children of all abilities can play together!



I AM JUST LIKE YOU! by Kelly Scrivener

This story encourages preschool and primary-aged children to see others in a different light and to realize that children are much the same, regardless of their abilities.



JANINE AND THE FIELD DAY FINISH by Maryann Cocca-Leffler

Today is Field Day and even though Janine is not good at sports, because her body just does not work like those of the other children, she tries hard and cheers for everyone.

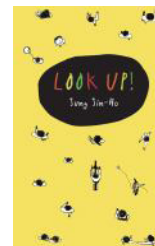
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MOBILITY CHALLENGES



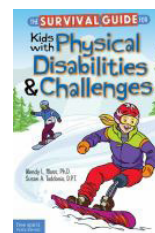
LOOK UP! by Chin-ho Chng

On her balcony, a girl in a wheelchair, calls down to passersby to “look up” but no one pays attention, until one boy stops, looks up and then lies on the sidewalk so the girl can see him better, so soon all sorts of people join him.



RICK HANSEN: IMPROVING LIFE FOR PEOPLE WITH DISABILITIES by Adrianna Morganelli

The remarkable life of Rick Hansen, Canadian Paralympic athlete, who circled the world in his “Man in Motion” tour raising awareness and money for research to improve the lives of people with disabilities, is featured in this easy-to-read biography.



THE SURVIVAL GUIDE FOR KIDS WITH PHYSICAL DISABILITIES & CHALLENGES by Wendy Moss

Loaded with tools for coping with the intense social, emotional, and academic difficulties, this book will help students succeed in and out of the classroom, confidently handling their physical challenges.

J Picture CHN

J 796.0456 MOR

J 613.087 MOS

MOBILITY CHALLENGES



SUSAN LAUGHS

by Jeanne Willis

Rhyming couplets describe a wide range of common emotions and activities experienced by a little girl who uses a wheelchair.

J Picture WIL



ZOOM!

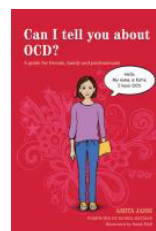
by Robert N. Munsch

When Laurretta's mother takes her shopping for a new wheelchair, Laurretta wants one that goes fast, so she tries out a 92-speed, silver and gold, dirt-bike wheelchair resulting in a her getting a speeding ticket, but in the end uses the wheelchair to help her brother!

J Picture MUN

OCD

OBSESSIVE COMPULSIVE DISORDER



CAN I TELL YOU ABOUT OCD?: A GUIDE FOR FRIENDS, FAMILY AND PROFESSIONALS

by Amita Jassi

Katie, a teenager with Obsessive Compulsive Disorder, invites readers to learn about OCD from her perspective, helping them to understand what it is, how her obsessions and compulsions affect her daily life, and how people around her can help.

Find it at the Library

J 616.8522 JAS



FINDING PERFECT

by Elly D. Swartz

Molly, a twelve-year-old, with some help from her siblings and friends, is able to face her OCD and be strong enough to get help for it.

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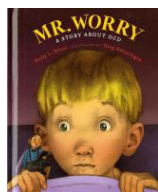


THE GOLDFISH BOY

by Lisa Thompson

Emotionally crippled by his obsessive-compulsive disorder, teenager Matthew Corbin rarely leaves his room due to his OCD and fear of germs, observing everything on the street. Due to his keen observation, he is able to help solve the disappearance of a little boy next door.

J Fiction THO



MR. WORRY: A STORY ABOUT OCD

by Holly L. Niner

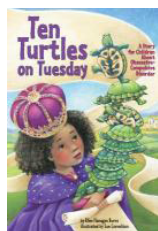
Kevin cannot get to sleep at night until he does many actions, which he knows do not make sense, but he cannot stop until his parents hire a therapist who treats him for OCD.



OCDANIEL

by Wesley King

A thirteen-year-old boy's life revolves around hiding his obsessive-compulsive disorder until a girl at school, Sara, notices him for the first time and he gets a mysterious note that changes everything.



TEN TURTLES ON TUESDAY: A STORY FOR CHILDREN ABOUT OBSESSIVE - COMPULSIVE DISORDER

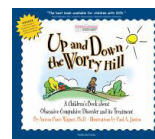
by Ellen Flanagan Burns

Sarah, who has obsessive-compulsive disorder, feels compelled to count, however, with the help of her family and her therapist, she learns how to handle her fears and take charge of her OCD.

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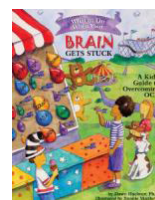
J Chapter Fiction FLA



UP AND DOWN THE WORRY HILL: A CHILDREN'S BOOK ABOUT OBSESSIVE-COMPULSIVE DISORDER AND ITS TREATMENT

by Aureen Pinto Wagner

Dr. Wagner, an internationally recognized expert in the treatment of childhood OCD, uses the powerful real-life metaphor of the Worry Hill to describe OCD and its treatment clearly and simply through the eyes of a child.



WHAT TO DO WHEN YOUR BRAIN GETS STUCK: A KID'S GUIDE TO OVERCOMING OCD

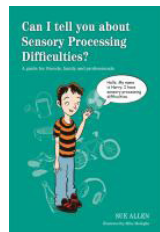
by Dawn Huebner

This interactive self-help book contains examples, activities and systematic instructions that help children master the skills needed to break free from the thoughts and urges of OCD.

J 618.9285 MAG

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SENSORY PROCESSING DISORDER



CAN I TELL YOU ABOUT SENSORY PROCESSING DIFFICULTIES? A GUIDE FOR FRIENDS, FAMILY AND PROFESSIONALS

by Sue Allen

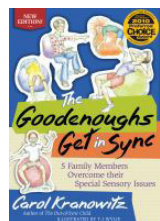
Harry, a young boy, invites readers to learn about why he finds it hard to process sensory information effectively, the problems he has at school and how others help him.



ELLIE BEAN THE DRAMA QUEEN

by Jennie Harding

This insightful picture book helps children with sensory issues, and the adults around them, understand what they are going through.

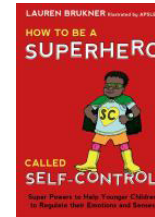


THE GOODENOUGHS GET IN SYNC: 5 FAMILY MEMBERS OVERCOME THEIR SPECIAL SENSORY ISSUES

by Carol Stock Kranowitz

This is a charming tale of five family members and their naughty dog (each with a different sensory processing challenge), and how they get in sync after a tough day.

SENSORY PROCESSING DISORDER



HOW TO BE A SUPERHERO CALLED SELF-CONTROL! SUPER POWERS TO HELP YOUNGER CHILDREN TO REGULATE THEIR EMOTIONS AND SENSES

by Lauren Brukner

Self-Control, a Superhero, teaches younger children, with emotional and sensory regulation difficulties, how to calm themselves using self-massage, deep pressure, breathing exercises and imagination activities.



PICKY, PICKY PETE: A BOY AND HIS SENSORY CHALLENGES

by Michele Griffin

Pete finds his clothes uncomfortable and cannot stand "paint, soap, and things with lumps." Pete explains how he and his mom navigate a difficult, but typical, morning in the life of a young boy with sensory issues. Written by an occupational therapist.



MY SERVICE DOG: ONE WAY A BOY GOT HELP WITH HIS SENSORY PROCESSING DISORDER

by Cindy M. Jusino

Based on a true story of a boy who received a service dog to help with his Sensory Processing Disorder, this book gives hope to parents and children.

Find it at the Library

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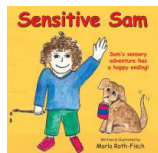
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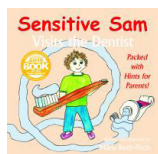
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SENSORY PROCESSING DISORDER



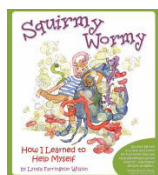
SENSITIVE SAM: SAM'S SENSORY ADVENTURE HAS A HAPPY ENDING by Marla Roth-Fisch

Sam, a little boy, has issues with over-sensitivity creating chaos and frustration for him both at home, and in the classroom. He walks readers through his typical day of sensory challenges, helped by an occupational therapist.



SENSITIVE SAM VISITS THE DENTIST by Marla Roth-Fisch

Going to the dentist can be frightening to many kids, but especially those with sensory issues and autism, so join Sam as he learns to overcome his sensory challenges with the dentist.



SQUIRMY WORMY: HOW I LEARNED TO HELP MYSELF by Lynda Farrington Wilson

Tyler, a boy who has autism and Sensory Processing Disorder helps the reader learn about SPD, and what everyday easy therapies that can be done to feel better.

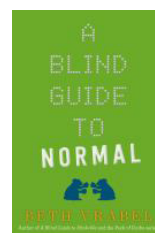
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VISION

BLIND OR PARTIALLY SIGHTED



A BLIND GUIDE TO NORMAL by Beth Vrabel

When Ritchie "Ryder" Raymond, who has a great sense of humour, limited vision and a prosthetic eye, moves from the Addison School for the Blind to "normal" middle school, everything goes wrong until he learns to adapt to his new environment.



A BLIND GUIDE TO STINKVILLE by Beth Vrabel

When her parents move to a new city, Alice, who has albinism and blindness, is determined to go to public school rather than the school for the blind and adapt on her own, even managing to write an award-winning research essay all by herself!



HELEN KELLER by Joanne Mattern

Despite being deaf and blind, Helen Keller earned a degree from Radcliffe College in 1904 and became world famous.

Find it at the Library

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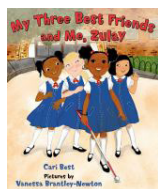
VISION BLIND OR PARTIALLY SIGHTED



LOLA AND I

by Chiara Valentina Segre

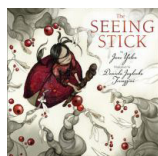
This book is a lovely story about a girl named Lola, who is blind and her dog, Star. 2015 IBBY Outstanding Book for Young People with Disabilities.



MY THREE BEST FRIENDS AND ME, ZULAY

by Cari Best

Zulay is a blind girl who longs to be able to run in a race on track and field day at her school.



THE SEEING STICK

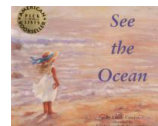
by Jane Yolen

No one from magicians to physicians can help blind Hwei Min, the only daughter of the Emperor of China, see, until one day, a wise old man with a mysterious seeing stick, visits the princess and teaches her that there is more than one way to see the world.

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SEE THE OCEAN

by Estelle Condra

Driving through mountain fog to the beach, two young brothers compete to see who will catch the first glimpse of the ocean, but it is their blind sister, Nellie, who senses it first. American Bookseller Pick of the Lists Award.



WALKING THROUGH A WORLD OF AROMAS

by Ariel Andres Almada

Annie spends her days cooking with her grandmother, and although she cannot see, she has the gift of being able to feel other people's deepest emotions.

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